

TO CHECK YOUR VISUAL ACUITY...

R P B	20 / 400
SEEKS TO	20 / 200
PREVENT ALL	20 / 100
BLINDING DISEASE	20 / 70
HELP PROTECT YOUR SIGHT	20 / 50
HAVE YOUR EYE DOCTOR	20 / 30
EXAMINE YOUR EYES PERIODICALLY	20 / 20

**USE ONLY AS INSTRUCTED BY
YOUR EYE CARE SPECIALIST**

A BRIEF REMINDER: Hold the card 14 inches from your eyes. Check your vision with each eye separately. (Wear glasses if needed for reading.) If you can read the 20/20 line, your vision is normal. But normal vision is no guarantee of freedom from hidden eye disease. To help preserve your sight, see your eye care specialist periodically.

RPB supports research into the causes, cure and prevention of all blinding diseases. For information regarding any visual affliction, please contact:

Research to Prevent Blindness

645 Madison Avenue • New York, NY 10022

1-800-621-0026

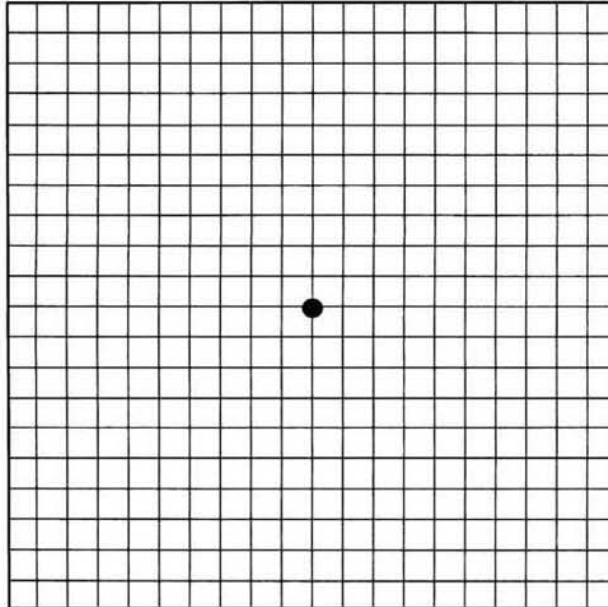
www.rpbusa.org



©2000, RPB

(Over)

TO CHECK YOUR VISION DAILY...



**USE ONLY AS INSTRUCTED BY
YOUR EYE CARE SPECIALIST**

A BRIEF REMINDER: Hold the card 14 inches from your eyes. (Wear your glasses if needed for reading.)

Cover one eye, look at the center dot with the uncovered eye, note any visual distortion, and then repeat the procedure using your other eye.

If the lines look irregular (blurred, wavy, empty or discolored), promptly contact your eye care specialist.

Made available as a public service by

Research to Prevent Blindness

645 Madison Avenue • New York, NY 10022

1-800-621-0026

www.rpbusa.org

